Hawaii Marine C Section

April 30, 2004

# \* DIME CARDA

#### On the Side

**Steven Kalnasy** Special to the Hawaii Marine

## Tillman paid the price for freedom

Two years and seven months ago, America was changed forever when terrorists attacked our homeland. On that day, we were awakened from our slumber, and tepid patriotism, and like millions of Americans before us, were reminded that the price of freedom is high.

As the War on Terror continues, America's citizens passionately debate the necessity of continuing the fight. Many Americans demand that we bring our warriors home, and still more demand that we keep them there to win the battles, and ultimately the

Upon hearing the news of Army Ranger, and former NFL star Pat Tillman's death last Friday in a remote region of Afghanistan, we were again reminded why we are in this fight. When Tillman announced he would give up fame and fortune to serve America in her hour of need, many of us wondered why. For those who knew Tillman, or people like him, they understood that his love for country and patriotism were the reason.

After witnessing the carnage of the attacks in New York and Washington, D.C., and hearing of the heroism of our fellow citizens on United Flight 93, Airlines Tillman expressed what we all felt, but he decided to do something about it.

In an interview he gave just after the attacks, he said, "My great-grandfather was at Pearl Harbor, and a lot of my family has gone and fought in wars ... I really haven't done a damn thing as far as laying myself on the line like that."

When he entered the Army, Tillman began his transition from gridiron star to American hero. With conscience, humility and honor, he did what millions of his countryman have done before him. Serving his country, and sacrificing his future, Pat Tillman did what he

See TILLMAN, C-5

## 'Lords of the Ring'



Pfc. Rich Mattingly

Kyle Stoney, a recovery Marine with Aircraft, Rescue and Firefighting, tries to land a jab over a block by Jeffrey Cummings, a boxer with the East Oahu Waimanalo Boxing Club, during his first bout at USA Boxing Hawaii's "Boxing on the Bay" at Kahuna's Community Ballroom aboard MCB Hawaii, Kaneohe Bay.

### Marines face-off at USA Hawaii's "Boxing on the Bay"

**Pfc. Rich Mattingly** Sports Editor

He looked the part of a veteran fighter. With one muscled arm stretched across his chest, his look of deep concentration was suddenly split by a smile. The boxer looked like a child about to unwrap his first present on Christmas morning.

"I've been training for about three months constantly, doing a lot of stretching, flexibility and endurance training," said Matthew Strickland, a boxer with MCB Hawaii's Fighters Unlimited Boxing Club.

"I'm the first bout tonight," said Strickland, laughing. "Yeah, it's my first fight. I'm nervous, but I'm confident."

Friday night, Kahuna's Community Ballroom became standing room only for USA Boxing Hawaii's "Boxing on the Bay," hosted by MCB Hawaii's newest sports organization, Fighters Unlimited, a boxing club made up of both veteran and novice fighters all stationed here at Kaneohe Bay.

Led by former Golden Gloves competitor Jack Johnson, the Marines of Fighters Unlimited were looking to make a good showing among the nine other boxing clubs who squared off in 16 fights.

Boxing for the Marine team, in front of more than 400 local and base fans, were Strickland, Kyle Stoney, Richardo Ramirez and Thomas Jensen.

Strickland started the evening with a tough loss to Adrial Tam of the Kaneohe Boxing Club in the 178-pound weight class.

Stoney also lost his matchup versus tough competition from the East Oahu Waimanalo Boxing Club.

Fighters Unlimited boxers Ramirez and Jensen were featured in the evening's last two main events against the Palolo Boxing Club's top fighters. Ramirez's fight was called, but Jensen lost on a decision after a tough and evenly matched fight.

The crowd was definitely pleased with the fights, and with the arrangements.

"So many people came out to see these fights," said Ruben Gutierrez, another boxer in the Fighters Unlimited stable whose fight was cancelled. "Hopefully, all the interest that's being generated can help us get a basesponsored boxing team started," said the 19year-old California native who has been box-

See **BOXING**, C-5

## 3/3 outguns Marauders in opener

Pfc. Rich Mattingly **Sports Editor** 

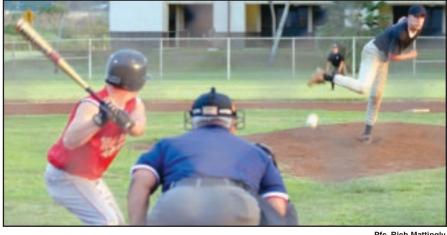
An epic match-up that boasted a team from the ground combat element of the Marine Corps' fighting force pitted them against the aviation combat element when the intramural rivalry played itself out at Reiseley Field, Wednesday night.

Framed by the picturesque backdrop of the Koolau Mountains and a setting sun, 3rd Battalion, 3rd Marine Regiment's baseball team tore the heart out of the post-season favorites, the Marauders of Marine Aircraft Group 24. Third Bn., 3rd Marine Regiment, triumphed, 5-1, to go up by a game in the best-of-three Intramural Baseball Championship Series.

The surgery was quick, bloody and performed primarily by the strong right arm of pitcher Nick Kitchen, who hurled 17 strikeouts and allowed just two hits during his residency on the mound.

The first inning of play could have convinced any observer that the game would be close and decided by the excellent pitching of Nick Kitchen of 3/3 and Dave Fults of the Marauders. Both pitchers left batters swinging at the rising infield dust, with confusion on their faces, as the sunlight faded from the field. Their message, written in sliders, sinkers and curveballs was clear: This is the championship, and only the best will walk away victorious.

Kyle 'Truck' Truckenmiller, third baseman with 3/3, drew first blood with a towering triple to left center. Coach Dennis Minton, also 3/3's catcher, sacrificed himself with a grounder to score Truck. Third Battalion, 3rd Marine Regiment, took the lead, 1-0, and never looked back.



Nick Kitchen, pitcher for 3/3, watches a sinker mid-flight towards a MAG-24 batter, one of 17 he struck out Wednesday night during the first game of the Intramural Baseball Championship.

The game remained an even duel between pitchers Fults and Kitchen until the fourth inning — an inning that will live in almost as much infamy for MAG-24 as the manner in which the game was finally called.

Bringing the bats for 3/3 in the fourth inning were Steve Scholl, the popular and suave Chris Arena, and the well-dressed Rookie Benham. All three made their marks on the scoreboard, with Scott 'Hammer Pants' Judd doing the final damage of the inning with an RBI to bring the

See BASEBALL, C-5

## BASE SPORTS =

**Edward Hanlon V** MCCS Public Relations

#### **April** 30 / Today

**Youth Soccer** — Today is the last day to sign up your kids (with birth years of '88 - '98) for Youth Soccer. Costs are only \$40 for members and \$50 for nonmembers. Register at Youth Activities, Bldg. 5082.

For more details, call 254-

Youth Football & Cheerlead**ing** — Registration is currently underway for Youth Flag Football and Cheerleading.

The season begins in October, but register now to ensure your place. Call the Youth Activities office at 254-7610.

#### May 1 / Saturday

Massage Therapy — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp H. M. Smith. The massage therapy program helps to relieve your mental and physical fatigue and improve overall circulation and body tone.

Appointments are available by calling the Kaneohe Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

#### 2 / Sunday

**Adventure Training** — Designed to promote unit cohesiveness and enhance confidence in the water, Adventure Training is a fun alternative to regular unit workouts. Learn different water sports and complete physical training at the same time.

Classes are offered in scuba, kayaking, power boating and water skiing, and Adventure Training is offered at no charge to all MCB Hawaii units.

Training noncommissioned officers and staff NCOs should call the base marina at 254-7667 for more details.

#### 4 / Tuesday

Mixed Bowling League — Every Tuesday, K-Bay Lanes is hosting the Friends of K-Bay Mixed Bowling League. The league is open to all authorized patrons and their guests and begins at 6 p.m.

Call 254-7664 for more info.

Okinawa Kenpo Karate — Every Tuesday and Thursday,

## COMMUNITY =SPORTS =

#### HTMC to Hike Kulepeamoa, Sunday

The Hawaii Trail and Mountain Club challenges advanced-level hikers on a heart-pounding climb up the windswept ridges of Kulepeamoa, Sunday at 8 a.m.

The not-so-faint-of-heart can register with coordinator Thea Ferentinos at 375-0384.

A \$2 donation is requested from each nonmember, ages 18 and over, and a responsible adult must accompany children under 18. Firearms, pets, radios and other audio devices are prohibited on all hikes.

#### 5-on-5 Basketball **Tourney to Benefit** Radford H.S.

The First Class Petty Officer Association of Naval **Pacific** Meteorology Oceanography Center/Joint Typhoon Warning Center is holding its first-ever Ed Earhart Scholarship Fund Basketball Tournament on May 15 - 16.

This two-day event, to be held at the Bloch Arena at Pearl Harbor, is a 5-on-5, doubleelimination, round robin tour-

Entry fee is \$150 per team, with prizes for the top three teams. All proceeds will go to the scholarship fund, which will provide a \$1,000 annual scholarship to a deserving senior at Radford High School, who is also the child of an active duty military family.

For more details, call Petty Officer 1st Class Kathleen Denson at 471-0004.

#### Keiki Fun Run Planned for May 16

The Children's Discovery Center will celebrate its fifth anniversary with the 2004 Keiki Fun Run on Sunday, May 16, beginning and ending at the Kakaako Waterfront Park where the museum is located. This race is open to keiki ages 12 and and accompanying under, adults.

The race will begin promptly at 8 a.m., and entry forms will be available at the Children's

Discovery Center, Compadres Bar & Grill, Dixie Grill or on the Web at www.discoverycenter hawaii.org.

Registration cost is \$12 for Children's Discovery Center members, \$15 for nonmembers and \$5 for accompanying adults. Keiki will receive event T-shirts with their run packets.

Each child who finishes will receive a certificate and other surprises; all participants are also eligible for prize drawings, including special opportunities for keiki who turn in pledges for \$50 or more.

The awards ceremony and drawings will be held at 9 a.m.

Attendees and participants will also be treated to arts and crafts activities after the run/walk, and they can make windsocks and Fruit Loops necklaces or decorate headbands and learn to tie-dye. Participating sponsors such as Frito Lay and Meadow Gold will provide a variety of foods for this event.

In addition to the Keiki Fun Run, parents and kids can catch the post-event "TryFest" Fitness Fair from 9:30 a.m. to 1:30 p.m. Health-oriented activities will rule, including cheerleading, karate demonstrations, music lessons, sports contests, water safety instruction and yoga. For more details, call 732-7733.

#### **Windward Hosts** Marathon, May 16

Athletes can mark their calendars for the 24th Annual Holokiki O'Alele, a family day for racing, jogging or walking, May 16.

Events will include a halfmarathon from Enchanted Lake to Aikahi and back at 6 a.m.; a 20k team (four-person teams in the open, military and business/employee categories — all with male, female and mixed team categories) at 6:15 a.m.; a 5k race or walk once around Enchanted Lake at 6:30 a.m.; a one-mile run for kids 6-13 years old at 8 a.m.; and a 100-yard run for tiny tikes from 3-5 years old at 8:30 a.m.

This year's effort will support the "No Drug Zone Kailua"

join the newest contractor at Center, and is open for children MCCS Youth Activities for Okinawa Kenpo Karate Kobudo classes, held from 6 to 7:30 p.m. in Bldg. 1391, located behind the 7-Day Store.

Adults and children are welcome, and classes cost only \$35 for adults, \$25 for children and an additional \$20 for other family members.

Call Youth Activities for more details at 254-7610.

#### 6 / Thursday

**Parents for Fitness** — This cooperative baby-sitting effort is available at the Semper Fit ages 6 weeks and older. All active duty service members and their families may participate; however, PFFP participants are required to volunteer baby-sit three times per month.

Call 235-6585 for more information.

#### 22 / Saturday

MAG-24 Triathlon — Hardcore athletes, mark your calendars for the 8th Annual MAG-24 Sprint Triathlon aboard MCB Hawaii, Kaneohe Bay, May 22 at 7:30 a.m.; check-in time is at 5:30 a.m.

The triathlon will consist of a 500-meter swim, an 11.1-mile bike race and a 3.5-mile run. Participants may enter individually or in three-man relay teams, where one person can swim, another bike and still another run.

The triathlon is open to military, family members, DoD civilians and the general public. Cost is \$22 for military, \$27 for civilians and \$66 for teams.

Register at the Semper Fit Center, pick up forms at Island Triathlon & Bike, or print out applications at www.mcc shawaii.com.

For more info, call 254-7590.

## Base All Star

Name: Thomas Jenson

**Unit: CSSG-3** 

Billet: Motor transport operator

**Team: Fighters Unlimited Boxing Club** 

- Jenson has been boxing since he was 14 years old, more than 15 years ago.
- He won the Michigan, Wisconsin, and North Carolina Golden Gloves championships.
- He competed on the All-Marine Boxing Team in 2003, and won the All-Armed Forces Silver Medal in the lightweight division.



## "I keep boxing because I love the competition and it helps me stay in good shape physically."

project at Castle Medical Center (26.2-mile) run entirely within Park on Oahu and costs \$25 per hosting the event.

Obtain registration information, breakfast specials and race details online www.active.com, or at most running and biking stores.

#### Ironman Qualifier Slated for June 13

Open to Hawaii residents only, the inaugural Honu Triathlon, the official Hawaii Ironman Triathlon World Championship Qualifier, is slated for June 13 on the Kohala Coast of the Big Island.

The qualifying race will begin with a 1.5k (2.4-mile) swim start at Hapuna Beach State Park, followed by a 40k (112-mile) bike course encompassing a portion Highway, then wrap with a 10k

and by other organizations the Mauna Lani Resort. The driver. About 70 to 90 cars norcourse must be completed in 17 mally compete, from stock vehihours (with cutoff times for cles to racecars. The event's each segment).

Anyone can participate; however, only residents of threeplus years are eligible for qualifying slots that move onto October's Ironman Triathlon World Championship.

To register and get more information, call 326-7820 or ejvidgen@currentevents .com.

#### **Sports Racing Posts** 2004 Schedule

The Hawaii Region of the Sports Car Club of America will host several Solo II/Autocross races on Oahu.

Solo II or Autocross will be of the Queen Kaahumanu held at the Hawaii Raceway Park at the Campbell Industrial tact Curtis Lee at 262-5987.

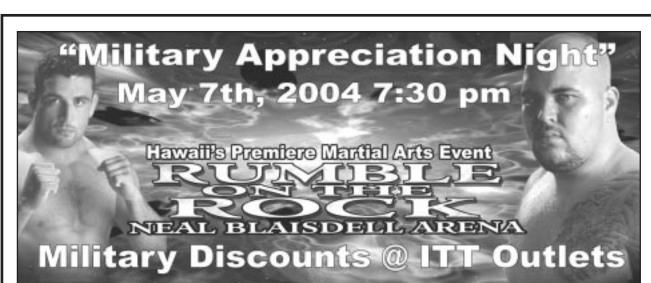
purely amateur; anybody can participate.

Each driver receives four runs through the sports car course, and the driver with the single, fastest time in the class wins. Points acquired throughout the year accumulate for prizes and trophies by year's end.

Minimum participation in more than half of the year's races is required to be in the running for points and the runoff championship.

Races are scheduled as follows: Sunday, June 6, July 4, Aug. 1, Oct. 3, Nov. 7 and Dec.

For more information, con-



"Rumble on the Rock" is honoring the men and women of the military on May 7, from 7:30 until 10 p.m. at the Neal Blaisdell Arena. Special seating and a discounted ticket price will be provided to all military personnel and family members.

Rumble on the Rock is a world-class, mixed martial arts event that matches the best martial artists against each other in the world in a 30-foot octagon cage.

Attendees will see fighters from all over the world such as pro boxers, kickboxing champions, Olympic wrestlers and many

Tickets can be purchased either at military Information Ticket and Tour Offices or at the Neal Blaisdell Box Office.

For more information, surf www.rumble ontherock.com, or call military coordinator Senior Chief Jeff Conrad at 351-0179.

Hawaii Marine April 30, 2004 • C-3



## THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession – sports. Chances are you'll either agree with one of their takes or disagree with both.

Our two resident sports junkies welcome your e-mails. We will print the top comments of the week from our readers. Contact Sgt. Lindsay at lindsayjb@mcbh.usmc.mil, or Capt. Robbins at robbinskd@13meu.usmc.mil. Remember, "If you don't speak up, you won't be heard!")

## Who are the winners of the NFL Draft?

Capt. K. D. Robbins
The Professor

Don't let The Goat's dimensia fool you. It was nothing sophisticated, like a Camelback filled with Mad Dog, that clouded his judgement this weekend. It was simply his lasik, corneal, high-speed Tripler Army Medical Center eye surgery that kept his reality somewhere between San Jacinto College and Northwest Nazarene University.

One would only hope that medical advances would improve his future athletic insight.

To millions worldwide, the NFL Draft has become the "cattle call" of football lore. So, what better arena for "The Bottom Line" to feed on than some beef of our own winners.

#### Winners

1) Denver Broncos: Former high school player of the year and Miami stud linebacker D. J. Williams headlines a group of young and future talent that should bring the Mile High City higher than ever.

Oklahoma State's Tatum Bell is a steal in the second round, and wide receiver Darius Watts is the perfect compliment to incumbent Rod Smith and Ashley Lelie.

Look for seventh round selections Josh Sewell, center from Nebraska, and LSU quarterback Matt Mauck and Pittsburgh running back Brandon Miree to all make the team.

Good work Mike Shanahan.

2) New England Patriots: The rich get richer. How does a defending Super Bowl champion score a future Pro Bowl defensive tackle (Vince Wilfork, Miami) and six-million dollar men (Arkansas running back Cedric Cobbs and Florida State wide receiver P.K. Sam)? I will tell you how.

This organization is a dynasty in the making. The fact that Cobbs and Sam are fourth and fifth rounders only keeps the Patriots' front office pockets deep. This team is scary!

See PROFESSOR, C-5



Sgt. Joe Lindsay
The Goat

The 2004 NFL draft last weekend was the craziest in memory, with a record-setting 28 trades (including thoroughbred quarterback and first overall pick Eli Manning getting shipped from San Diego to New York) marking the tone of the 69th annual event in educated guesswork.

And, as always, naming the winners and losers of the draft will take years to prove. Still, if The Goat was grazing in a beautiful grassy greenish-yellow meadow somewhere outside Deliverance, Penn., and some drunken backwoods nittany goat hunter souped up on Mad Dog 20/20 with no license had him in his sights, then these would be the Goat's picks for the winners and losers of this year's NFL draft.

#### Winners

1) Oakland Raiders: Maverick owner Al Davis once again proves

his mettle by picking offensive lineman Robert Gallery from Iowa with the second selection. A lot of naysayers thought Al would never do it — too safe a pick and not really a glory position.

Gallery is a man-child who should be visiting Honolulu for the Pro Bowl for the next decade or so. And to add to Raider Nation lore, Al then went and took the best center in college football, Jake Grove, out of Virginia Tech with the 45th pick.

Al Davis is a genius.

2) Detroit Lions: Former NFL great and current Detroit G.M. Matt Millen will never be accused of being a genius, but he's a pretty astute guy who definitely has the Lions headed toward the right direction.

Millen craftily cajoled a secondround pick from Cleveland just for moving down one slot from sixth to seventh, and then nabbed Texas

See GOAT, C-5

## READERS STRIKE BACK

'I usually enjoy you guys' off-beat opinions, but last week's article was pure drudgery' To "The Bottom Line":

Where do I start? My mom taught me to never say anything to anybody if it wasn't nice. Well, I have tried my best to take her advice, up until now.

Last week's "Bottom Line" ("Who will be the first round winners?" April 23, page C-3) on the NBA playoffs didn't deserve to be printed. In fact, The Professor even said as much when he said, "The first round of the playoffs present a boring situation, as all the top seeds will move on." Then, The Goat goes on to choose all the top seeds for his picks too. What was the point of the articles?

You could have both just written it in one sentence instead of going on and on and on.

Seeing the article on the first round scares me even more because it means you have opened the door to write the same article on the second round, third round and championship. Please spare us that.

I usually enjoy you guys' off-beat opinions, but last week's article was pure drudgery.

For the record, the Lakers are going to win it all, and you can print that!

— Pete Selleck Santa Monica, Calif. C-4 • April 30, 2004



## spotlight on health

## MCCS One Source can help manage stress

**Marine Corps Community Services** Press Release

Sometimes, the best way to deal with stress is to confront it at the source. If you're worried about what your boss thinks about your performance, you could ask and find out.

If you feel overwhelmed by your to-do list, you could block out some time to tackle it.

But not all stresses can be handled so directly.

Some sources of stress can't be eliminated such as a sick older relative or a child who is having difficulty in To manage those kinds of stresses, you may need to use other techniques.

Here are some suggestions:

•Relaxation techniques are often successful for managing stress. You might try deep breathing, meditation or just sitting quietly for a few minutes each day to gather your thoughts.

• Taking care of yourself is also an important tool for managing stress. Eating a nutritious diet and getting enough sleep and regular exercise are vital for dealing with stress.

•Research shows that social relationships make you feel better and have a positive effect on your health.

> Be sure to set aside time for friends and family.

For more information, log onto MCCS One Source at www.mccsone source.com, or call toll free at 1-800-869-0278 (from the United States), 1-800-8690-2788 (from out-

side the United States, where available), or 1-484-530-5908 (collect).

MCCS One Source is provided at no cost to service members and their families, any time of day, 24/7, no matter where they are. Translation into more than 150 other languages and TTY/TDD are also available. Access the site with user ID "Marines" and password "Semper



The muscle conditioning class at the Semper Fit Center aboard MCB Hawaii, Kaneohe Bay, is a good way for service and family members to reduce their stress levels.

## New carb blocker may help in weight-loss battle

Steven Rosenblatt, M.D., Ph.D. **NAPS Featurettes** 

Health care researchers equate the health impact of obesity to that of smoking and fear that obesity may reverse the tremendous gains modern medicine has made in increasing human longevi-

ty. Currently, it is estimated that 60 percent of adult Amer-icans either overweight clinically

obese. Overweight individuals have an increased risk of adult onset diabetes, coronary heart disease, hypertension, stroke, and perhaps asthma.

America's weight gain coincides with an increase in carbohydrate consump-

tion. Today, nearly one-half of the total calories in the typical Western diet are composed of carbohydrates. Carbohydrates are quickly converted to sugar, and then into fat, if they aren't burned through exercise. Consequently, an effective strategy would be to reduce the

absorption of starch calories.

One of the latest developments in our battle against obesity is an extract of the

white kidney bean, called Phase 2 Starch Neutralizer.

degenerative arthritis, obstructive apnea recent study showed that individuals hungry, I get irritable and/or spacedconsuming the starch neutralizer out. reduced their absorption of starch calories by an average of 66 percent.

To determine if you might be a good candidate for the starch blocker strategy, take this simple carb quiz. For each question, answer "sometimes" (1 point), "often" (2 points) or "always" (3 points):

abdomen than my hips or thighs. 2) Dinner doesn't feel complete with-

1) My fat storage is more in my

- out dessert.
- 3) Diabetes runs in my family.
- 4) I've never stayed at my ideal weight for more than a year.
- 5) I think I gain weight more easily than most people.
- 6) My metabolism seems to have slowed down, as I've gotten older. I have to eat less and exercise more to keep from gaining.
- 7) Hunger affects my mood. When I'm
- 8) I seem to have less willpower about eating than I do about other aspects of

my life.

#### Scoring

1-4: Excellent. Starch blockers might not help as your metabolism works well. 5-8: Few problems, good control.

Might use occasional starch blocker. 9-12: Possible trouble. May need to

restrict sweets and neutralize starches. 13-16: Be wary. Significant dysfunc-

tion of carb metabolism. Need starch blockers. 17 or over: Potentially severe prob-

lems. Need immediate attention to block carbs and prevent progression to Syndrome X and/or diabetes.

(Editor's Note: Dr. Rosenblatt is the author of "The Starch Blocker Diet.")

quotable

Millions long for immortality who do not know what to do with themselves on a rainy Sunday afternoon.

- Susan Ertz

#### PROFESSOR, From C-3

Less than winners follow. (Why call them losers? They already lose.)

#### Less than winners

- 1) Miami Dolphins: Vernon Carey, offensive tackle, Miami. Tony Bua, linebacker, Arkansas. Rex Hadnot, guard, Houston. In the immortal words of the construction worker in the classic film "Major League": "Who are these 'stinkin' guys?"
- 2) Buffalo Bills: Wisconsin wide receiver Lee Evans can play. But, what is with the Bills and bad knees? Hey, I have a bad knee, can I have a contract? More importantly, in the modern day, free-agency happy NFL, isn't the first round a little high to take Tulane quarterback J.P. Lossman?

**Bottom Line:** 2004 was a deep draft. (It would have been deeper with Ohio State running back Maurice Clarett and USC wide receiver Mike Williams in the mix.) In the end, Detroit, got better. How could they not?

San Francisco will love Oklahoma State wide receiver Rashaun Woods. He's TO, minus the attitude. And, Bill Parcells is just too sneaky. We will probably see Notre Dame running back Julius Jones in the Pro Bowl sometime

Stop teasing us commissioner Tagliabue; let's get this season started!

#### GOAT, From C-3

wide receiver Roy Williams with the pick. He then took the Browns' second round pick and traded it to move up, snatching Virginia Tech running back Kevin Jones with the 30th selection.

#### Losers

1) Kansas City Chiefs: Their draft was horrible, almost as bad as their defense last year. So, after taking founding Fat Boy member DT Junior Siavii from Oregon with the 36th pick, they opt for a tight end in Pitt's Kris Wilson with the 61st choice.

That should make Tony Gonzalez happy. Nice going Dick.

2) Cleveland Browns: Getting Kellen Winslow was great, but they would have been better off not trading all their picks to get him. The Browns will pay for it with a weak offensive line next year. Just another year in the Doghouse.

Bottom Line: Dallas got left off the losers' list because it's hard to believe Bill Parcels doesn't have something up his sleeve, and New England got the winners' list snub because it's unimaginable that they are going to keep getting better, even though they are.

Still, it was the Raiders and Lions who rolled the Little Joe this year in the craps game that is the NFL draft.

#### BOXING, From C-1

ing for more than six years.

"We hope these events introduce Kahuna's ballroom opportunities to the community," said Teddy Wells,

assistant manager of the Enlisted Club. "These events are open to all ranks and members of the community, and we just keep trying to get the word out."

Fighters Unlimited hopes to put on more showcases in the near future.

#### TILLMAN, From C-1

felt was necessary to help preserve the traditions and freedoms of America.

I read a quote by NFL Hall-of-Famer Chuck Bednarik: "Pat Tillman's the end of the line, the last of his kind. You'll never see another like him."

Bednarik's comments referred to today's professional athletes, but they made me realize that there are millions of Pat Tillmans who have served — and who are currently serving in our country's armed forces — people who,

like Tillman, have sacrificed everything for the opportunity to ensure our values and way of life continue.

Although the Arizona Cardinals and his alma mater of Arizona State have retired his jersey as a way to honor him, I choose to see that number on every camouflaged uniform on the battlefield. Like our precious flag, and the many other icons of this country that we love, Tillman's number should be a badge of honor for us all, and a reminder that "freedom is [indeed] not free."

#### BASEBALL, From C-1

score to 5-0 in favor of 3/3.

The Marauders finally made it onto the scoreboard on a huge RBI triple by catcher Justin Ward in the fifth inning. But, MAG-24 still left men on base, leaving 3/3 with a healthy lead.

Then in the seventh inning, the unfortunate happened. Doing his

team no favors and ruining the spirit of an otherwise friendly game, a MAG-24 player shared his honest opinion of the umpire's strike-calling ability. The ump called the game, giving 3/3 the win, 5-1.

The Marauders and 3/3 will face-off again at 6 p.m. tonight at Reiseley Field in game two of the championship series.